



## Preoperative Instructions

Please make sure to read the following instructions to help answer and guide you through the pre-surgery process.

1. Have a responsible adult with you to drive you home and stay with you after surgery for 24 hours.
2. Do not take food or fluids of any kind after midnight the night before surgery unless you are told that you may do so.
3. You may take prescribed pain medications, blood pressure, thyroid and reflux medications with a sip of water prior to coming for surgery.
4. Do not take \_\_\_\_\_ for 10 days prior to the surgery. Please take \_\_\_\_\_ the morning of surgery with a small sip of water.
5. You may brush your teeth and rinse your mouth, but do not swallow.
6. Do not wear any make-up, nail polish or jewelry in the Surgery Center.
7. Do not bring valuables or large amounts of money.
8. If you have artificial nails, you must remove polish from the index fingers of each hand.
9. Wear loose, comfortable clothes and shoes that slip on easily.
10. Notify the surgeon of any changes in your physical condition such as fever, cold, sore throat etc, before your operation.
11. If you need to cancel the procedure, please call your doctor at least 24 hours prior to your surgery date.
12. You will be notified of the time to arrive the day before surgery between 2-4 p.m. If you do not receive a call the day before, please call: **912.644.5277**
13. If you are asked to have labroatory tests or x-rays dont, please have them done 1 week prior to your surgery.
14. If you need crutches, walker or a sling, one will be provided to you at the Surgery Center.
15. You should not drink any alcoholic beverages for at least 48 hours after surgery due the Anesthesia medications that you have received.
16. You must not drive a vehicle for 24 hours after your operation.
17. You should not make any important business or personal decisions since full mental alertness may not return for 24 hours.
18. In case of any unexpected complications, your doctor may admit you to the hospital.
19. If you have any additional questions, please call the phone number above 8:30 a.m.- 5 p.m., Monday through Friday.
20. You will be asked for 2 forms of ID and you will have your surgical site marked prior to surgery.
21. Plase bring a sweater or warm garment with you due to the waiting room being cool.

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Patient/Guardian Signature

Date

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Nurse Signature

Date